



Lidija Šoher

Date of birth: 12/03/1989 ✉ Email address: lidija.soher@ptfos.hr

📍 Home: Ulica Dobriše Cesarića 13A, 31000 Osijek (Croatia)

WORK EXPERIENCE

Assistant

Faculty of Food Tehnology Osijek [2018 – Current]

City: Osijek

Department of Food and Nutrition research
Sub-department of Nutrition

Assistant

Faculty of Food Tehnology Osijek [2017 – 2018]

City: Osijek

Department of Food and Nutrition research
Sub-department of Food quality

EDUCATION AND TRAINING

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Faculty of Food Technology Osijek [2019 – Current]

City: Osijek

Country: Croatia

Postgraduate doctoral study "Food Technology and Nutrition"
Scientific field: Nutrition

Master of Food Science and Nutrition

Faculty of Food Technology Osijek, Osijek (Croatia) [2014 – 2016]

City: Osijek

Graduate study in nutrition and food science (121 ECTS)

Graduate thesis: Caloric value and nutritional composition assessment of menus in Lepoglava Penitentiary

BSc of Food Technology (Baccalaurea)

Polytechnic in Požega [2007 – 2010]

City: Požega

Professional study programme of food technology (180 ECTS)

LANGUAGE SKILLS

Mother tongue(s): **Croatian**

Other language(s):

English

LISTENING B2 READING B2 WRITING B1

SPOKEN PRODUCTION B1 SPOKEN INTERACTION B1

German

LISTENING A1 READING A1 WRITING A1

SPOKEN PRODUCTION A1 SPOKEN INTERACTION A1

Levels: A1 and A2: Basic user; B1 and B2: Independent user; C1 and C2: Proficient user

DIGITAL SKILLS

Microsoft Office / Program Prehrane / NutriCro / Microsoft Teams

PROJECTS

Food Consumption Survey on Infants and Children in Croatia 2017-2021

[2017 - 2021]

Food Consumption Survey on Adults in Croatia 2018-2022

[2018 - 2022]

JOB-RELATED SKILLS

Job-related skills

Nutritional assessment - application of different nutritional tools, experience in interviewing and on-field data collecting.

Laboratory work - experience gained through studying, work at the faculty and by conducting practical laboratory classes.

ORGANISATIONAL SKILLS

Organisational skills

Responsibility, resourcefulness in the new environment, flexibility and a tendency to teamwork.

Participation and assistance in organization International Congress of Nutritionists and various workshops within the faculty (Science Festival, Night of Science).

COMMUNICATION AND INTERPERSONAL SKILLS

Communication and interpersonal skills

Good communication skills gained during study and work at the faculty and volunteering at professional conferences.

HONOURS AND AWARDS

Honours and awards

2017. Dean's Award for Best Achievement in the Generation 2015./2016.

2016. winner of Josip Juraj Strossmayer University of Osijek excellence scholarship

NETWORKS AND MEMBERSHIPS

Memberships

Active member and volunteer at "Nutricionizam Balans", Osijek

Member of Croatian Federation of Nutritionists (CFN)